

# Unit 4: God Gives Us Good Food

## *Lesson 2: Where does bread come from?*

### Teacher's Guide

#### Introductory Activities

1. Ask which ingredients are necessary to make bread. As students say the words in Portuguese, teach the words in English and if possible show them the ingredients or pictures. In the classroom, reinforce this vocabulary and teach additional words through pictures. Make sure students have been exposed to these words: **grain, wheat, flour, milk, eggs, sugar, salt, yeast, butter, jelly.**

2. In the classroom, teach the action verbs to make bread: mix, add, stir, knead, bake, sell, slice, eat. After students have become familiar with these words, do a TPR activity to make bread with them, using phrases such as:

- Take a big bowl.
- Put in some flour.
- Add two eggs.
- Stir in a glass of milk...

Worksheets Follow general guidelines

#### Expansion Activities

1. Play Simon Says with the action verbs from the lesson. Let students take turns being Simon. For variety, children could wear an apron and a chef's hat when they are Simon.

2. Take North American measuring spoons and measuring cups to class. Provide some flour, and let students practice measuring. Show them how Americans and Canadians measure ingredients leveling off measures exactly. Help students learn to say and identify measures such as:

- Tablespoon (T.)
- Teaspoon (t.)
- Cup (1, ½, ¼, etc.) (C.)

Have students learn measurement abbreviations too.

3. Ask students to bring in a recipe that uses some of the ingredients learned. Have students work in groups to write one of their recipes in English on poster board. Encourage them to bring in samples as well!

4. If possible make the *Bread Animals* recipe together in class. As the recipe is being made, talk to the students in English about washing hands, measuring, kneading, baking, etc. Encourage them to use the words in the lesson.

# Unit 4: God Gives Us Good Food

## Lesson 2: Where does bread come from?

**LESSON WORDS:** grain, wheat, flour, milk, eggs, sugar, salt, yeast, butter, jelly.

**A. ☺ Circle the ingredients that you need to make BREAD:**

*apple*

*milk*

*maple syrup*

*butter*

*flour*

*orange*

*egg*

*flour*

*mayonnaise*

**B. ☺ Draw the action verbs:**

mix	add	stir	knead	slice

**C. Use the CODE below to find out the "secret message":**

1=A	2=B	3=C	4=D	5=E	6=F	7=G	8=H	9=I	10=J	11=K	12=L
13=M	14=N	15=O	16=P	17=Q	18=R	19=S	20=T	21=U	22=V		
23=W	24=X	25=Y	26=Z								

10 -5 -19-21-19

9-19

20-8-5

2-18-5-1-4

15-6

12-9-6-5

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**D. ☺ Write “is” or “are” and the lesson word!**

1. There \_\_\_\_\_ four \_\_\_\_\_.
2. There \_\_\_\_\_ one \_\_\_\_\_.
3. There \_\_\_\_\_ six \_\_\_\_\_.



**E. ☺ Let's make *Bread Animals!* Draw the ingredients:**

**1 package yeast**

**1 egg**

**4 cups flour**

**1 tablespoon sugar**

**1 ½ cups warm water**

**1 tablespoon salt**

**F. ☺☺ Now number the instructions for your recipe:**

- ( ) Brush with beaten egg.
- ( ) Stir in flour.
- ( ) Shape like animals (snakes, turtles, etc)
- ( ) Mix together yeast, water, sugar and salt.
- ( ) Bake 15 minutes at 425 degrees.
- ( ) Knead until smooth.